

Country Smokehouse Cheddar

Nutrition Facts

Serving Size: 2 cups (30g)
 Servings Per Container: Varies

Amount Per Serving

Calories 170 **Calories from Fat** 100

% Daily Value**

Total Fat 11g **17%**

Saturated Fat 4g **20%**

Trans Fat 2g

Cholesterol 5mg **2%**

Sodium 130mg **5%**

Total Carbohydrate 14g **5%**

Dietary Fiber 2g **8%**

Sugars 1g

Protein 4g

Vitamin A 2% • Vitamin C 0%

Calcium 6% • Iron 2%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Popcorn, partially hydrogenated soybean oil, corn oil, dried cheddar cheese (milk, cheese culture, salt, enzymes, artificial color), cream salt, fructose brown sugar, tomato powder, onion powder, sodium phosphate, yellow #5 & #6, salt, garlic powder, lactic acid, soy lecithin, natural smoke flavors, sodium diacetate, spices, extractive of paprika, natural flavoring, less than 2% silicon dioxide added to prevent caking.

**Contains: Milk and Soy