

Jalapeño Cheese Corn

Nutrition Facts

Serving Size: 2 cups (30g)
Servings Per Container: Varies

Amount Per Serving

Calories 170 **Calories from Fat** 110

% Daily Value**

Total Fat 12g **18%**

Saturated Fat 4.5g **23%**

Trans Fat 2g

Cholesterol 5mg **2%**

Sodium 260mg **11%**

Total Carbohydrate 13g **4%**

Dietary Fiber 2g **8%**

Sugars 0g

Protein 3g

Vitamin A 2% • Vitamin C 2%

Calcium 6% • Iron 4%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Popcorn, partially hydrogenated soybean oil, corn oil, cheese powder (milk, cheese culture, enzymes, maltodextrin, monosodium glutamate, corn starch, salt, citric acid), salt, cream salt, jalapeño, onion powder, extractives of turmeric and paprika, lactic acid, natural & artificial flavor, FD&C yellow #5 & #6, soy lecithin, disodium inosinate & guanylate, sodium phosphate, tricalcium phosphate to prevent caking.

**Contains: Milk & Soy