

# White Cheddar & Black Peppercorn

Nutrition Facts			
Serving Size: 2 cups (30g)			
Servings Per Container: Varies			
Amount Per Serving			
<b>Calories</b> 170	Calories from Fat 100		
% Daily Value**			
<b>Total Fat</b> 11g	<b>17%</b>		
Saturated Fat 2g	<b>10%</b>		
Trans Fat 1.5g			
<b>Cholesterol</b> 0mg	<b>0%</b>		
<b>Sodium</b> 190mg	<b>8%</b>		
<b>Total Carbohydrate</b> 17g	<b>6%</b>		
Dietary Fiber 2g	<b>8%</b>		
Sugars 2g			
<b>Protein</b> 3g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 2%	• Iron 2%		
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	• Carbohydrates	4 • Protein 4

**Ingredients:** Popcorn, partially hydrogenated soybean oil, corn oil, cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes), whey dehydrated cheddar cheese, Romano & Blue Cheese (whey, buttermilk (cultured part skim milk, salt, cheese culture & enzymes)), parmesan, sodium casinate, enzyme modified cheese, disodium phosphate, enzyme modified cream, nonfat dry milk, natural flavors, soy lecithin, sodium citrate, lactic yeast extract, lactic acid, parsley, dehydrated garlic, less than 2% silicate added to prevent caking, less than 2% silicon dioxide and disodium phosphate as processing aids.

\*\*Contains: Milk and Soy